



POLMONT ROAD, LAURIESTON, FALKIRK, FK2 9QT

WELCOME PACK

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SECTION 1: FOR VISITORS

TRY BOWLS

If you would like to take part in a “Try Bowls” session with one of our Bowls Scotland-trained coaches, please email coaching@lauriestonbowlingclub.com.

Sessions are free and open to individuals and groups.

No experience is required and a selection of bowls of various sizes and weights will be provided.

All that we ask is you wear flat-soled shoes, sandals or trainers; dress casual; and wear loose clothing suitable for gentle exercise.

When you arrive, you should make your way to the locker room (the first building on your left) and report to the coach.

DIRECTIONS

Address

Laurieston Bowling Club
Polmont Road
Laurieston
Falkirk
FK2 9QT

What3Words

[Native Judges Jump](#)

By Foot

The sole pedestrian entrance is via a narrow lane off Polmont Road. Follow signs for Laurieston Bowling Club and the adjacent Laurieston Tennis Club.

By Car

Parking facilities are limited, but spaces are available on Polmont Road, Dundas Road, Dundas Crescent and at the car park at Laurieston Square.

By Public Transport

The nearest train stations are Falkirk High, Falkirk Grahamston and Polmont. All of which are within a five minute drive.

The 38 bus service between Edinburgh and Falkirk (via Polmont and Linlithgow) stops nearby on Polmont Road.

ACCESSIBILITY

Clubhouse

There are accessible ramps at both ends of the clubhouse: one at the main entrance which leads to the function suite; the other at the side entrance which leads to the lounge via the accessible toilet. There are no internal steps.

The function suite and lounge are joined by a narrow corridor and served by the same bar.

Green

There are ramps at the north-east and south-west corners of our green; and steps with handrails at the north-west and south-east corners.

Locker Room

There are two steps leading to the sole entrance of the locker room. Wheelchair users and people with limited mobility can change outside or in the clubhouse.

TOILETS

The lounge is served by two toilets: one accessible, the other unisex.

The function suite is also served by two toilets: one gents, the other ladies.

BAR FACILITIES

Our clubhouse operates a pub license and is open to the public.

Opening hours vary, therefore it is advisable to call in advance. Though it is generally open Fridays from 7pm to 11pm, Saturdays from 1pm to 8pm and Sundays from 1pm to 6pm.

For functions and competitions, licensing hours are:

- Monday to Thursday: 10am to 11pm
- Friday: 10am to 1am
- Saturday: 10am to Midnight
- Sunday: 11am to Midnight

Payment is by cash or card.

KITCHEN FACILITIES

Our fully-equipped kitchen is for members and functions only. A list of local caterers can be supplied upon request.

FURTHER OPPORTUNITIES

Visitors who have enjoyed a “Try Bowls” session are more than welcome to book further sessions with a club coach – again, free of charge.

Furthermore, non-members and non-bowlers are warmly encouraged to take part in one of our many open and invitation competitions which are advertised in the clubhouse and on our website and social media pages.

Visitors who decide to join after attending a “Try Bowls” session will be offered a free Restricted membership for the remainder of the season and a 50% discount on an Ordinary membership the following season.

Application forms can be requested from our secretary, the details of whom can be viewed online at www.lauriestonbowlingclub.com/contact.html.

SECTION 2: FOR NEW MEMBERS

CONSTITUTION

A paper copy of our constitution is kept in the trophy cabinet in the lounge. A digital copy can be viewed online at www.lauriestonbowlingclub.com/about/constitution.

AIMS

As stated in Part 1, Section 2 of the constitution, the aims of the club are:

- To foster, promote and provide facilities for the playing of the game of bowls.
- To permit social activities and entertainment subject to the authority and satisfaction of the Committee of Management of The Club.

ANNUAL GENERAL MEETING

As stated in Part 1, Section 10 of the constitution: “An Annual General Meeting shall be held on the first Monday in February of each year.”

MEMBERSHIP

As stated in Part 1, Section 5 of the constitution, membership of the club comprises:

- Honorary Members (Gents and Ladies).
- Ordinary Members (Gents and Ladies).
- Restricted Members (Gents and Ladies).
- Junior Members (aged under 18 at 1st May of current season).

New members pay half fees for their first year.

Restricted members pay a reduced entrance fee and cannot compete in internal singles, pairs, triples or rinks competitions; nor represent the club in external competitions or take part in management of the club. They can, however, play in bounce games, “bunnet nights”, friendlies and open/invitation competitions.

POLICIES

The club has adopted the following [Policies](#):

- CCTV
- Data Privacy
- Child Protection
- Safeguard Adults
- Code of Conduct for Members
- Code of Conduct for Working with Children

OFFICE BEARERS

The following office bearers are elected annually at the AGM:

- President (who normally serves two terms unless they are opposed or retire)
- Treasurer
- Secretary
- Match Secretary
- Minute Secretary

CONVENORS

The key convenors are:

- Bar
- Green
- Social

From time to time, the committee may appoint other convenors and sub-committees to focus on specific tasks such as maintenance, marketing and fundraising.

COMMITTEE

As stated in Part 1, Section 7 of the constitution:

- The affairs of The Club shall be conducted and managed by a Committee of Management, which shall consist of a minimum of twelve (12) Ordinary Members, inclusive of Office Bearers.
- The Committee shall have power to fill vacancies during the year by co-option from members of The Club. Any members so co-opted shall serve only for the remainder of the term of the retiring member, subject to the ramification where necessary at the next Annual General Meeting.

As stated in Part 1, Section 8 of the constitution:

- The Committee shall meet at least once every two weeks during the playing season, and at least once a month at other times, when seven members shall form a quorum. At other times urgent and immediate problems, not affecting policy, may, however, be determined forthwith by not less than two Committee members present at the time and any action taken must be reported at the next Committee Meeting.

Details of current office bearers and committee members can be viewed online at <https://www.lauriestonbowlingclub.com/about/committee.html>.

KEYS

Members will be issued with a key to the locker room and a key to the top lock of the clubhouse.

The cleaner, bar staff, bar volunteers, office bearers and select committee members have a key to the bottom lock of the clubhouse and a fob to activate and deactivate the alarm.

Members will not be able open the top lock of the clubhouse until the bottom lock has been opened and the alarm has been deactivated.

LOCKERS

Members will be issued with a locker and will have to supply their own padlock.

LOCKER ROOM

The following items of equipment and stationery are stored in the locker room:

- Jacks
- Mats
- Pens
- Chalk
- Scorecards
- Ditch markers (white for jacks, red and blue for bowls)
- Two metre measuring sticks for setting the jack in external competitions

BOWLING AIDS

The following bowling aids are available to members free of charge:

- Wheelchairs
- Bowls gatherers
- Jack movers
- Jack and bowls lifters (telescopic and collapsible)
- Jack and bowls lifters & walking stick in one
- Jack and bowls launchers

For more information, contact one of our coaches.

NOTICEBOARDS

We have three noticeboards: one in the clubhouse for competition sheets and club updates; one in the locker room for green convenor notices such as direction of play and reserved or suspended rinks; and one on the outside of the locker room for maintenance contractor notices such as “feeding on green – do not lick fingers”.

COMPETITIONS

With the exception of the Ladies and Gents Championships, and the Scottish, County and Eastern District qualifying tournaments, all of our club competitions are open to both ladies and gents.

Members who wish to play in these competitions must pay their fees by 31 March.

Should you encounter any problems in arranging a tie before an end-of-round deadline, contact the convenor of the respective competition whose name should be listed at the top of the competition draw sheet.

Throughout the year, we stage several open and invitation competitions which members are encouraged to enter. These are all-day round-robin competitions which take place on Saturdays and Sundays.

We also play several friendly matches against other clubs (home and away) which usually take place on Saturday afternoons. These are a mixture of selected and open competitions.

Teams for competitive matches against other clubs are selected.

COACHING

We have a small pool of volunteer coaches who have achieved Bowls Scotland accredited coaching qualifications and PVGs.

They run a weekly coaching class for children and young adults on Sunday mornings between 11am and Noon (adults are welcome thereafter) and regular taster sessions for schools, youth and community groups – all of which are free.

They also run one-to-one and group sessions for members, non-members and local businesses.

For more information, visit www.lauriestonbowlingclub.com/bowls/coaching.

CHILD WELLBEING AND PROTECTION OFFICER (CWPO)

Our CWPO is Peter Alexander.

To report a concern, contact him on:

- 07966 305 324
- coaching@lauriestonbowlingclub.com

More information on how we are committed to safeguarding children can be found in our [Child Protection Policy](#).

WEBSITE

Our website address is www.lauriestonbowlingclub.com.

It is updated on a regular basis and contains a wealth of information including:

| Home | About | Bowls | Other |
|-------------|--------------|-------------------|-----------------|
| Welcome | History | Fixtures | Join |
| Noticeboard | Champions | Competition Draws | Book a Function |
| Sponsors | Presidents | Coaching | What's On |
| | Honours | | Contact |
| | Committee | | |
| | Constitution | | |
| | Policies | | |
| | Sponsors | | |

SOCIAL MEDIA

We have two Facebook groups:

- [Laurieston Bowling Club](#): for members only, which is predominantly used to share information about bowling, governance and important messages from our office bearers and committee.
- [Laurieston Bowling Club – Public Group](#): for members, fellow bowlers and local residents, which is predominantly used to share information about social and charity events, funding applications and bowling successes.

To join one or both of the groups, click on the “Join Group” icon and await administrator approval.

We also have the following social media accounts:

- Twitter: [@lauriestonbowls](#)
- Instagram: [@lauriestonbowlingclub](#)

CLUB UPDATES

Members who are not on social media or do not access the website, can receive updates via email or text by contacting our secretary.

CONTACT LIST

A telephone contact list of members who have opted to share their details on their application form is kept in the trophy cabinet in the lounge. This can prove useful when arranging ties. If you have opted out but would like to opt in, contact our secretary who will update the sheets.

DRESS CODE

Dress codes only apply in limited matches including:

- Finals
- Club friendlies
- External competitions
- Open and invitation competitions

Participants in these matches should wear a club top, or a white shirt or t-shirt.

A batch of club tops, trousers, jackets, fleeces and waterproofs are usually ordered prior to the start of the outdoor season.

ETIQUETTE

When your opponent is on the mat, you should stand behind the mat; or if you are at the opposite end of the rink, behind the head.

Similarly, when your bowl comes to rest, you should stand behind the mat or the head – not be walking up the rink.

When you or a member of your team is not on the mat, you should remain still and silent.

When players, markers and umpires are measuring shots, you should give them plenty of time and space to perform their measurements.

Do not stand or sit on the bankings as, over time, this will damage the artificial grass and underlying breeze blocks.

Out of respect for your opponent and fellow bowlers in adjacent rinks, in general, you should keep noise to a minimum.

Excessive bouncing of bowls will quickly damage the green. If you require help with your delivery, speak to one of our coaches.

No alcohol should be consumed on the green.

Smokers should stub out their cigarettes in the ashtrays behind the heads.

LAWS OF THE SPORT

You can download the latest edition of the Laws of the Sport from the World Bowls website at www.worldbowls.com/laws-of-the-sport.